January 2024

Nourishment for Body and Soul The Road Ahead

"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope." Jeremiah 29:11

As we begin this new year, we are thinking about "The Road Ahead". Will it be a time of growth, of new directions, of

helping to nourish our neighbors, of working in our neighborhood? The road can take some interesting turns and have some unexpected detours. But we begin on the journey of

2024 with faith that the creativity and love of God will be with us throughout. We can look to the future with hope and excitement.

First United Methodist Church is a caring place in a diverse urban community for all people. 624 S Adams St., Marion IN 46953 - 765.664.5177 - info@marionumc.org 9:15 Sunday Worship, 10:30 Sunday School for all ages. County

Tom Holloway, Sr. Jane Scholar Patty Rifner, Carolyn Lane's friend Thad Reynolds Ryan Howell's brother Dustin Ruth Ann Rust Louise Webb **Barbara** Piper Carolyn James Jane Hiatt Betty & Jim Fletcher Linda Simpson's granddaughter, Lucia Tomlinson Friends living in Health Care Facilities Unspoken concerns of relatives and friends Other churches in Marion and Grant

January/February Birthdays

Sidenia Stace Beverly Paul Catherine Miller	01/12 01/26 01/29
David Devine III	02/12
Bill Varner	02/14
Jane Sharon	02/20
Mark Harshman	02/22
Drew Varner	02/25

Anniversaries

Tom & Rita Holloway 02/05 58 yrs.

January Themes & Scriptures

Jan 7 "You are God's Beloved Child" Mark 1:4-11

Jan. 14 "Change is Easy, Transitions are Not" Exodus 14:10-15

Jan 21 "Does Jesus Care?" Mark 4:35-41

Jan 28 Guest Preacher

Welcome to Pastor David Byrum

With the beginning of the new year we welcome our new interim pastor, Rev. David Byrum. Many of our folks know David. He served as Associate Pastor under Senior Pastor Phil Stephens during the 1980's. It just feels like yesterday, doesn't it? David and his wife Becky are retired, after serving several United Methodist congregations across Indiana and as a district superintendent and sitting on the Indiana Conference Cabinet. He comes to us with vast experience and the willingness to help us move forward into this new year. We are so fortunate to have someone with David's insights and honest appraisal of our congregation and



our community. Please welcome him and take the opportunity to introduce yourself to him. You may reach out to him at pastor@marionumc.org



Watch for Changes

As we start down a new road, you will notice some changes. The newsletter will slim down. The bulletin will have a different format. This is to help re-focus our resources – our manpower and our financial resources. But changes can always be changed again. We are in a season of flexibility and discovery. The plan is for you to have more communication – just in some different ways.

In light of that, I will be sending mid-week notes; which, after the first one via U.S. Mail, will be coming via email. So please provide a good email to our

secretary Mary Malone (info@marionumc.org), With these weekly missives I hope to share with you what I am seeing, hearing, doing, and thinking about as your Interim Pastor.

So tell us what you think and help us be the best stewards of all of our time and gifts. -Pastor David Byrum

National Historic

Register

Our application to be listed on the National Historic Register has been submitted and passed the technical review. It will be 12-15 months before the final review is complete and we receive their decision.

When we receive this designation there will be more grant opportunities open to us for the structural upkeep of our building.

Neighborhood Lunch

To move into our focus of Nourishment for the Body and Soul, we are planning on opening up our Fellowship Hall one Sunday a month for a lunch for anyone in the community who is hungry. If you would be interested in helping with this effort, reach out to Cathy Lane or Sarah Evans or contact the Church Office. We are planning our first lunch on January 14th.

FUMC Marion Scholarship Program

Looking for financial assistance to begin or continue your studies in college? Marion first is unique in that it can offer scholarship help. Three ladies, Hazel Hewitt, Verda Smail and Mary Margaret Howard, gifted First Church with funds to establish scholarships.

Scholarship	Requirements
Hazel Hewitt Education	FUMC member
Scholarship	Teacher training or education program
V. Smail/M.M. Howard Fund	Female
	FUMC member or daughter of a FUMC member
	A one-time award

In addition, the United Methodist Men offer a Seminary Scholarship.

Scholarship	Requirements	
United Methodist Men Seminary	FUMC member or individual serving FUMC in a	
Scholarship	leadership position.	
	Enrolled as a student in a church ministry program.	
	Applicant may reapply.	

United Women in Faith offer a scholarship for a woman attending the School of Christian Mission.

Scholarship	Requirements		
School of Christian Mission	Female		
Scholarship	First-time attendee		
	A one-time award		
	Awarded by the UWiF		

Arthur and Nettie Nye established a nursing scholarship through the University of Indianapolis.

Scholarship	Requirements	
Arthur and Nettie Nye	Nursing student at University of Indianapolis,	
Scholarship	Awarded by the University.	

A final category available at Marion First is camping scholarships. The camping scholarship was established by the sale of the church cabin at Epworth Forest and other donations.

Scholarship	Requirements		
Camp Scholarship	Attendees (children, youth, families) at UMC camps.		
	Other retreats approved by the Scholarship Com- mittee		

Applications for all but the camping scholarships are due February 1, 2024. Applications for Camp Scholarships are due May 15, 2024.

Note: The Scholarship Committee will prioritize scholarship funds for members of FUMC, Marion. The monetary amount will be determined by the Scholarship Committee with the guidance of the Endowment Committee. Scholarship applications are available in the church office. Direct questions to 765-664-5177 or talk with Barb Pack.



Parish Nurses

5 Tips to help you cut back on salt and sodium:

- Think fresh. Sodium is usually found more in processed foods.
- Fill up on fruits and veggies, they are naturally LOW in sodium.
- Choose dairy and protein foods that are lower in sodium.
- Pay attention to condiments and their sodium levels.
- Boost your potassium intake.

The Parish Nurses will be **checking B/Ps** the first Sunday of each month. We will be in the Fellowship Hall from 8:45-9:10.

In recognition of **"Go red for Women"** we hope you will join us in wearing red on Sunday February 4.

Mark the Date: We are having a congregation wide CPR and AED hands on education the evening of February 19th at 7PM.

Health Tip:

Know the Signs of a Heart Attack

- Chest pain, pressure, tightness, dull ache or heaviness
- Discomfort radiating to the arms, neck back jaw, or stomach
- Shortness of breath
- Indigestion or "heartburn"
- Cold sweat, nausea or vomiting, lightheadedness

Women, diabetics and the elderly are more likely to have vague symptoms.

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
			AA 6pm FH Al-Anon & Alateen 6pm			
7	8	9	10	11	12	13
Worship Svc. 9:15 am AA-Women's Mtg. 5:30 Parlor	Administrative Council Mtg 6pm Parlor	Supper Club 6 - 7:30 pm F.H.	AA 6pm FH Al-Anon & Alateen 6pm	10:30 Missions Mtg. Fellowship Hall		
14	15	16	17	18	19	20
Worship Svc. 9:15 am Community Meal-Noon AA-Women's Mtg. 5:30 Parlor	UWiF 6:00 pm, F. H.	Supper Club 6 - 7:30 pm F.H.	AA 6pm FH Al-Anon & Alateen 6pm			
21	22	23	24	25	26	27
Worship Svc. 9:15 am AA-Women's Mtg. 5:30 Parlor	Trustee Mtg. 1 pm, Parlor	Supper Club 6 - 7:30 pm F.H.	AA 6pm FH Al-Anon & Alateen 6pm		Council Chair Mtg. 4 pm Parlor	
28	29	30	31			
Worship Svc. 9:15 am AA-Women's Mtg. 5:30 Parlor		Supper Club 6 - 7:30 pm F.H.	AA 6pm FH Al-Anon & Alateen 6pm			

Find more information at Marionumc.org and follow us on Facebook.



Supper Club

Tuesday Night Supper Club will be meeting again on Tuesdays, 6 pm to 7:30 pm. Come join in the food, fun, and fellowship!



